LCPC Menu - 12 months - School Age

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	st	Monday	Tuesday	Wednesday	Thursday	Friday	
	Breakfast	Eggs	Oatmeal WGR	Cinnamon Toast WGR	Yogurt	Waffles	
Week 1	ea	Mangos	Fruit Cocktail	Pineapple	Raspberries&blueberry	Strawberries	
	B	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	
	lack Lunch	Sweet Potato Hash(HM)	Chicken Alfredo	HM Beef Chili (HM)	Chicken with Gravy(HM)	HM Sloppy Joes (HM)	
		Roll	Noodles	Corn Bread	Bread WGR	Bun	
		Turkey	Chicken	Beef	Chicken with Gravy	Beef	
		Sweet Potato	Broccoli	Kidney Beans & Tomatoes	Mashed Potatoes	Green Beans	
		Grapes	Peaches	Pears	Mixed Veggies	Pineapples	
		Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	
		Life Cereal WGR	Gold Fish	Ritz Crackers	Tortilla Chips WGR	Wheat Thins WGR	
		Bananas	Oranges	String Cheese	Refried Beans	Grapes	
		Monday	Tuesday	Wednesday	Thursday	Friday	
	Breakfast	Graham Cracker WGR	Bagel	English Muffin	Muffin	Rice Krispies	
	eak	Peaches	Fruit Cocktail	Applesauce	Mandarin Oranges	Banana	
	Bre	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	
Week 2		Chicken Enchiladas(HM)	Beef Spaghetti	Turkey Meatloaf (HM)	Beef with Gravy (HM)	Grilled Cheese Sandwich (HM)	
	lack Lunch	Tortilla	Noodles	Oats WGR	Brown Rice WGR	Bread WGR	
		Chicken/Cheese	Beef	Turkey Meatloaf	Beef with Gravy	Cheese	
		Black Beans	Peas	Mashed Potatoes	Green Beans	Tater Tots	
		Corn, Peas & Carrots	Pears	Peaches	Apples & Cinnamon	Green Beans	
		Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	
		Animal Crackers	Kix WGR	Yogurt	MG Cheerios WGR	HM Trail Mix	
		Raisins	Apple Slices	Strawberries	Clementines	Carrots	
	0,						
	ast	Monday	Tuesday	Wednesday	Thursday	Friday	
	Breakfast	Eggs	Oatmeal WGR	Cinnamon Toast WGR	Yogurt	Waffles	
	Bre	Mangos Whole/1% Milk	Raisins Whole/1% Milk	Pineapple	Raspberries&blueberry Whole/1% Milk	Strawberries	
	_	·	·	Whole/1% Milk	·	Whole/1% Milk	
m	h	Bean & Cheese Burro(HM)	Chicken Spaghetti	HM Turkey Chili (HM)	Tater Tot Hot Dish (HM)	BBQ Chicken Sandwich (HM)	
Week 3		Tortilla	Noodles	Corn Bread	Tater Tots	Bun	
Š	Lunch	refried beans/cheese	Chicken	Turkey	Beef & Cheese	Chicken	
	ĭ	Corn, Peas & Carrots	Green Beans	Kidney Beans & Tomatoes	Green Beans	Carrots	
		ln	D l	A I O C'	D I.M.CD	A I	
1		Pears	Peaches	Apples & Cinnamon	Bread WGR	Applesauce	
	ž	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	
	nack	Whole/1% Milk Life Cereal WGR	Whole/1% Milk Graham Crackers WGR	Whole/1% Milk Ritz Crackers	Whole/1% Milk Tortilla Chips WGR	Whole/1% Milk Wheat Thins WGR	
	Snack	Whole/1% Milk Life Cereal WGR Oranges	Whole/1% Milk Graham Crackers WGR Mandarin Oranges	Whole/1% Milk Ritz Crackers String Cheese	Whole/1% Milk Tortilla Chips WGR Refried Beans	Whole/1% Milk Wheat Thins WGR Grapes	
		Whole/1% Milk Life Cereal WGR Oranges Monday	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday	Whole/1% Milk Ritz Crackers String Cheese Wednesday	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday	Whole/1% Milk Wheat Thins WGR Grapes Friday	
		Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies	
		Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana	
	Breakfast Snack	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk	
4		Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM)	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM)	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM)	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM)	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich	
ek 4	Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR	
Week 4	Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese	
Week 4		Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans	
Week 4	Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples	
Week 4	Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk	
Week 4	Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix	
Week 4	lack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots	
Week 4	Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday	
Week 4	Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles	
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Week 4	Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins Monday Eggs	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR Raisins Whole/1% Milk	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles Strawberries Whole/1% Milk	
5 Week	Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins Monday Eggs Mangos Whole/1% Milk Alfredo Quesadilla (HM)	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR Raisins Whole/1% Milk Mac & Cheese (HM)	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR Pineapple Whole/1% Milk Meatballs	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt Raspberries&blueberry Whole/1% Milk Hawaiian Fried Rice (HM	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles Strawberries Whole/1% Milk Hamburger slider (HM)	
5 Week	Breakfast Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins Monday Eggs Mangos Whole/1% Milk	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR Raisins Whole/1% Milk	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR Pineapple Whole/1% Milk	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt Raspberries&blueberry Whole/1% Milk	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles Strawberries Whole/1% Milk	
5 Week	Breakfast Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins Monday Eggs Mangos Whole/1% Milk Alfredo Quesadilla (HM)	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR Raisins Whole/1% Milk Mac & Cheese (HM)	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR Pineapple Whole/1% Milk Meatballs	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt Raspberries&blueberry Whole/1% Milk Hawaiian Fried Rice (HM	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles Strawberries Whole/1% Milk Hamburger slider (HM)	
Week	Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins Monday Eggs Mangos Whole/1% Milk Alfredo Quesadilla (HM) Tortilla	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR Raisins Whole/1% Milk Mac & Cheese (HM) Noodles	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR Pineapple Whole/1% Milk Meatballs Brown Rice WGR	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt Raspberries&blueberry Whole/1% Milk Hawaiian Fried Rice (HM) Brown Rice WGR	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles Strawberries Whole/1% Milk Hamburger slider (HM) Roll	
5 Week	Breakfast Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins Monday Eggs Mangos Whole/1% Milk Alfredo Quesadilla (HM) Tortilla Cheese	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR Raisins Whole/1% Milk Mac & Cheese (HM) Noodles Cheese	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR Pineapple Whole/1% Milk Meatballs Brown Rice WGR Beef	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt Raspberries&blueberry Whole/1% Milk Hawaiian Fried Rice (HM Brown Rice WGR Turkey/egg	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles Strawberries Whole/1% Milk Hamburger slider (HM) Roll Beef	
5 Week	Lunch Breakfast Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins Monday Eggs Mangos Whole/1% Milk Alfredo Quesadilla (HM) Tortilla Cheese Mixed Veggies	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR Raisins Whole/1% Milk Mac & Cheese (HM) Noodles Cheese Peas	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR Pineapple Whole/1% Milk Meatballs Brown Rice WGR Beef Broccoli	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt Raspberries&blueberry Whole/1% Milk Hawaiian Fried Rice (HM Brown Rice WGR Turkey/egg Carrots	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles Strawberries Whole/1% Milk Hamburger slider (HM) Roll Beef pickles	
5 Week	Breakfast Snack Lunch Breakfast	Whole/1% Milk Life Cereal WGR Oranges Monday Graham Crackers WGR Peaches Whole/1% Milk Pizza (HM) English Muffin Cheese Carrots Pears Whole/1% Milk Animal Crackers Raisins Monday Eggs Mangos Whole/1% Milk Alfredo Quesadilla (HM) Tortilla Cheese Mixed Veggies Peaches	Whole/1% Milk Graham Crackers WGR Mandarin Oranges Tuesday Bagel Fruit Cocktail Whole/1% Milk Beef Stroganoff (HM) Noodles Beef Broccoli Peaches Whole/1% Milk Kix WGR Apple Slices Tuesday Oatmeal WGR Raisins Whole/1% Milk Mac & Cheese (HM) Noodles Cheese Peas Pears	Whole/1% Milk Ritz Crackers String Cheese Wednesday English Muffin Applesauce Whole/1% Milk Beef Meatloaf (HM) Oats WGR Beef Mashed Potatoes Green Beans Whole/1% Milk Yogurt Strawberries Wednesday Cinnamon Toast WGR Pineapple Whole/1% Milk Meatballs Brown Rice WGR Beef Broccoli Applesauce	Whole/1% Milk Tortilla Chips WGR Refried Beans Thursday Muffin Mandarin Oranges Whole/1% Milk Shepherd's Pie (HM) Roll Beef Mashed Potatoes Mixed Veggies Whole/1% Milk MG Cheerios WGR Clementines Thursday Yogurt Raspberries&blueberry Whole/1% Milk Hawaiian Fried Rice (HM Brown Rice WGR Turkey/egg Carrots Pineapple	Whole/1% Milk Wheat Thins WGR Grapes Friday Rice Krispies Banana Whole/1% Milk Turkey Sandwich Bread WGR Turkey & Cheese Green Beans Pineapples Whole/1% Milk HM Trail Mix Carrots Friday Waffles Strawberries Whole/1% Milk Hamburger slider (HM) Roll Beef pickles Pears	

Date	Menu Week
8/4/2025	week 2
8/11/2025	week 3
8/18/2025	week 4
8/25/2025	week 5
9/1/2025	week 1
9/8/2025	week 2
9/15/2025	week 3
9/22/2025	week 4
9/29/2025	week 5
10/6/2025	week 1
10/13/2025	week 2
10/20/2025	week 3
10/27/2025	week 4
11/3/2025	week 5
11/10/2025	week 1
11/17/2025	week 2
11/24/2025	week 3
12/1/2025	week 4
12/8/2025	week 5
12/15/2025	week 1
12/22/2025	week 2
12/29/2025	week 3
1/5/2026	week 4
1/12/2026	week 5
1/12/2026	week 1
1/26/2026	week 2
2/2/2026	week 2
2/9/2026	week 4
2/16/2026	week 5
2/23/2026	week 1
3/2/2026	week 2
3/9/2026	week 3
3/16/2026	week 4
3/23/2026	week 5
3/30/2026	week 1
4/6/2026	week 1
4/13/2026	week 2
4/20/2026	week 4
	week 5
4/27/2026	
5/4/2026	week 1
5/11/2026	week 2
5/18/2026	week 3
5/25/2026	week 4
6/1/2026	week 5
6/8/2026	week 1
6/15/2026	week 2
6/22/2026	week 3
6/29/2026	week 4
7/6/2026	week 5
7/13/2026	week 1
7/20/2026	week 2
7/27/2026	week 3
8/3/2026	week 4

The Child and Adult Care Food Program (CACFP) is a federally funded meal program through the United States Department of Agriculture (USDA) which provides reimbursements for nutritious meals and snacks served to eligible children enrolled for care at participating centers.

A variety of public or private nonprofit child care centers and Head Start programs which are licensed or approved to provide day care services participate in CACFP.

WGR = Whole Grain Rich

All cheeses are low-fat

Mixed Veggies = Corn, carrots, green beans, green peas, lima beans

TrailMix = Cheez-its, cheerios, and pretzels

Ground beef/turkey mix

ture- meat, chopped onion and peppers are added in and cooked with the meat

Fruit Blend = Peaches, strawberries, honeydew melon, pineapple & blueberries

*Water is offered with all meals and throughout the day

Whole milk is provided for children 12-23 months and 1% or skim will be provided for all Children 24 months and older.

This institution is an equal opportunity provider.

UPDATED: 7/22/2025